



Client Bill of Rights

Please read the information below, sign and date indicating that you understand the services offered and your rights as my client. Thank you.

Business Information:

Sarah Stabler, Certified Hypnotist & Certified Life Coach

Sarah Stabler Hypnosis is a registered LLC in the State of Georgia.

We are located in the Atlanta Metro Area and providing online services to communities across the United States.

Contact information: 716-616-0236 | hypnosis@sarahstabler.com

Description of Services:

Sarah Stabler Hypnosis operates under the guidelines of the International Association of Hypnosis Professionals and the National Guild of Hypnotists. **The services I render are offered as a form of motivational coaching** using hypnotic techniques to instill positive thinking and the capacity for self-hypnosis. **I am a guide who assists clients to resolve everyday problems**, achieve personal and professional goals, increase self-esteem, self-confidence, self-compassion, self-resiliency, and self-control, and develop attitudes and skills to enhance success in everyday life. My services are designed to uplift, inspire and empower you.

Education, Training & Credentials:

I received my formal hypnosis training through the Banyan Hypnosis Center for Training & Services located in Dallas, TX. **I am a member in good standing with the 5-PATH® International Association of Hypnosis Professionals.** Certified as a Master Hypnotist, 5-PATH® Hypnotist, 7-PATH® Self-Hypnosis Teacher and an Online/Remote Session Hypnosis Specialist.

I am also a **member in good standing with the National Guild of Hypnotists** as a Certified Hypnotist. Additionally I have received training and certification from Marisa Peer for Rapid Transformational Therapy® and the Academy of Modern Applied Psychology for Hypnosis, Life Coaching, Mindfulness & NLP. As a professional I partake in continuing education programs to maintain and continually improve my skills and knowledge so that I may deliver the highest quality assistance.

*This is a PDF version of the form you digitally signed online.
Please keep this for your records.*



Statement of Credentials:

The State of Georgia has not adopted any educational or training standards for the practice of hypnosis or coaching. **I, Sarah Stabler, am not a licensed medical doctor, mental health counselor, or medical provider. It is not within my scope of practice to provide a medical diagnosis nor recommend the discontinuance of medically prescribed treatments.** If the client desires a diagnosis or any other type of treatment from a different practitioner, the client may seek such services or care elsewhere at any time. The client has a right to refuse hypnosis services at any time. The client has the right to courteous treatment.

Fees and Billing:

My standard fee for individual sessions at Sarah Stabler Hypnosis is \$250.00.

However, from time to time, I offer special package pricing. Clients must provide at least 48 hours notice for changing or cancelling appointments, or they will be charged. Clients have the right to reasonable notice of changes in services or charges. You have the right to freely seek services elsewhere at any time.

Insurance:

In general, insurance companies do not cover hypnosis or coaching, and therefore I do not bill insurance companies for my services. However some policies may offer benefits through a FSA/HSA plan. It is your reasonable responsibility to review your individual policy to see if you have this benefit and if you may apply it to my services.

It is recommended that you think of my services as something that you will pay for personally. This will protect your privacy and help you to highly value the work you are doing more. **Think of this as a declaration of self-love in which you are demonstrating to yourself that you are worth such an investment.**

My Approach:

Sarah Stabler Hypnosis uses hypnotherapeutic techniques and instructions to help clients make changes both consciously and subconsciously. Techniques include but are not limited to hypnosis, hypnotherapy, self-hypnosis instruction, life or mindset



coaching, relaxation training, regression/progression, visualization, instructional handouts, and videos.

Assessment & Number of Sessions:

You have a right to view your client file, including any notes or assessments about you. Hypnosis/Hypnotherapy is a brief therapy. It is difficult to predict the number of sessions you will require to resolve your issue, typically, work is done in five to 7 sessions for a single issue, however if you have more than one issue more sessions may be needed.

Services are Confidential:

Client records are confidential and may be viewed only by Sarah Stabler Hypnosis staff, unless the release of these records is authorized in writing by the client, or otherwise provided by law.

By signing at dating this I affirm that I have received and read this Client Bill of Rights and understand the contents thereof.